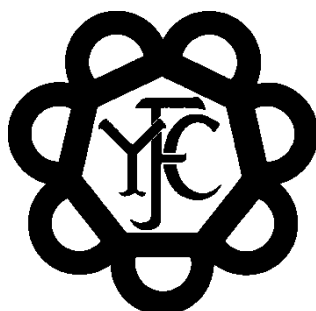


# HEREFORDSHIRE FEDERATION OF YOUNG FARMERS' CLUBS



## **SPORTS DAY 2023-24**

on

**Sunday 24<sup>th</sup> March 2024 from 9:30am**

At

St Mary's RC High School

Lugwardine

Hereford

HR1 4DR

## **COMPETITION RULES**

## End of Year Trophies

<b>Name of Trophy</b>	<b>Contributing Competitions/Awarded to</b>
Hereford Times Efficiency Shield	The overall results will count towards the Efficiency Shield – this is the overall competitions trophy for the year
The Sports Trophy	
The Junior Sports Trophy	

## **IMPORTANT GUIDELINES**

**Please read the below carefully and follow instructions clearly to avoid any mistakes or confusion.**

- 1.** Closing date for entries to be received at the County Office is: **9PM ON MONDAY 4<sup>TH</sup> MARCH 2024. LATE ENTRIES WILL NOT BE ACCEPTED.**
- 2.** We realise that some of the names on your form may change after this date. Providing the changes are notified to the competition steward this will cause no problem.
- 3.** All competing members must have a **VALID CURRENT MEMBERSHIP.**
- 4.** Any trophies relating to this competition held by any Club member must be returned to the County Office by the above deadline date, along with the entry form.
- 5.** Please make sure all competitors are aware of the competition rules and times.
- 6.** **HELPING MEMBERS WITH ADDITIONAL PHYSICAL or LEARNING REQUIREMENTS.** HFYFC seeks the inclusion of the full membership in its endeavours. Should a member require assistance to compete at a County Final due to any additional physical or learning requirements, every effort shall be made to ensure inclusion of any member with dignity, respect and confidentiality. HFYFC requests prior knowledge of assistance required in order to maximize the benefit to the individual.

# HFYFC GENERAL RULES

## These General Rules are to be adhered to for all HFYFC Competitions

1. The competitions listed herein are open to members of Herefordshire Federation of Young Farmers' Clubs (HFYFC) holding a valid, current YFC membership. (Valid is classed as being fully processed and authorised and of the current year, a copy of the card can be a printed copy or electronic version shown on a device.)
2. Failure to produce a fully processed and authorised valid membership will mean that the member will be unable to compete in the competition.
3. Age ranges for competitions are as follows:
  - Senior – Open to members 28 years of age or under on 1<sup>st</sup> September 2023
  - Intermediate – Open to members 21 years of age or under on 1<sup>st</sup> September 2023
  - Junior – Open to members 16 years of age or under on 1<sup>st</sup> September 2023, and 10 years of age or over on the day of the competition.
4. Health and Safety requirements must be adhered to at all times
5. Competitors must act in accordance with HFYFC policies, where applicable.
6. No alcohol is to be consumed by competitors before or during the competitions. Any member judged to be under the influence of alcohol, or any other substance will not be permitted to continue with the competition and may be disqualified. Alcohol will also not be used or displayed in any competition (unless specified in the competition rules). Empty bottles can be used for display purposes only.
7. The use of mobile phones by competitors during competitions is prohibited.
8. A white coat must be worn where specified.
9. No competitor can enter the same competition in different age ranges.
10. All work must have been made by members in the last 12 months.
11. All work must be that of the competitor who has booked in, if the entry is being booked in by somebody else then the person booking it in must have a copy of the competitor's card.
12. The entry to a competition cannot have been entered into a previous HFYFC competition.
13. Club or County names must not be displayed on any part of entries or displays (unless otherwise stated in the specific competition rules) – *please be careful when using photographs including club tops.*
14. Where more than one entry per club is allowed in a competition, where applicable, only the points of the highest scoring entry will count towards the cups and trophies and overall results.
15. Competitors must arrive on time and report to the competition steward **before** the start time of the competition to book in with necessary equipment to complete the competition.
16. In the event of a conflict between the competition rules and the general rules, the competition rules will govern.
17. All staged items or exhibits must remain the responsibility of the competitor. Neither HFYFC nor the site host accepts any liability for loss, damage or theft of any item.
18. No staged items or exhibits can be removed before prize giving, at penalty of disqualification.
19. The Chief Steward and the Competitions Chairmen reserve the right to cancel or amend any competition rule at any time.
20. In all competitions the decision of the Chief Steward and the Competitions Chairmen will be final.
21. Unacceptable behaviour or questionable material by competitors or supporters which brings YFC into disrepute; or which may be deemed to adversely affect other competitors/performers will be penalised. This includes maintaining a respectful attitude towards all judges, stewards, officers and any other event helpers.

## **Deductions**

### **22. Late entries**

- a. Any entry received by the County Office after the date and time specified on the rules for the competition, will be dealt with on a case-by-case basis, and the decision will come from the County Chairman and Competitions Chairman, on whether they can compete and if any deductions will apply to the club's score.
- b. The member partaking in the competition is still eligible to get a prize card and compete at the next round.
- c. The deduction will occur after the prize cards have been written out. The deduction will apply to any trophy handed out on the day, overall day scores and the end of year trophies.

### **23. Transferring of classes**

- a. If a club wishes to transfer a member into a class (which previously had no entry) after the entries have been received by the County Office on the date and time specified on the rules for the competition a 25% deduction will incur for the CLUBS score. The member partaking in the competition is still eligible to get a prize card and compete at the next round. The deduction will occur after the prize cards have been written out and will apply to any trophy handed out on the day and the end of year trophies.

### **24. For entries not according to schedule**

- a. 25% of marks awarded will be deducted for all entries that are not according to the schedule - This includes any exhibits oversized, missing items (recipe/photos etc). If there are multiple things wrong with the entry, there will only be one deduction of 25% applied.
- b. 25% is deducted from the total score given by the judge, but if they still place after a deduction is awarded the Competitor will still be eligible to gain a prize card with the deducted score and will still be eligible to qualify for the next rounds where applicable.

### **25. In competitions with time limits**

- a. In competitions with time limits, the following marks will be deducted if the competitor overruns - (unless otherwise stated in rules – i.e., stock judging):

<b>Competition Length</b>	<b>Penalty</b>
Up to 30 minutes	5% of total marks per minute or part thereof
31 to 60 minutes	5% of total marks per two minutes or part thereof
61 to 120 minutes	5% of total marks per five minutes or part thereof
121 minutes and over	5% of total marks per ten minutes or part thereof

- b. The Competitor will still be eligible to gain a prize card with the deducted score and will still be eligible to qualify for the next rounds where applicable.
  - c. 5% is deducted from the total score given by the judge.
26. Any disagreements from clubs/competitors about markings or deductions must be made on the day of competition to the Chief Steward or Competitions team, and will be reviewed on a case-by-case basis.
27. In the event that a deduction is applied for any reason and the subsequent mark results in a decimal place, if the decimal place is 0.5 or above, it shall be rounded up to the next whole number. If the decimal place is 0.49 or below, it shall be rounded down to the next whole number.

# Class 1- Mixed Kwik Cricket

## 13 – 16 year olds

### RULES

#### Learning outcomes

Cricket skills, teamwork, adhering to rules, keeping score, exercise, fun and personal development skills.

**PLEASE NOTE IF YOU ARE ASKED TO REPRESENT HEREFORDSHIRE AT THE NEXT ROUND  
YOU WILL BE PLAYING DYNAMOS CRICKET**

#### ELIGIBILITY

3.1. A squad of ten (10) players, from whom eight (8) players will be chosen to form a team for each innings, which must include a minimum of three (3) girls. All players must be aged between 10 years and over and 16 and under on 1st September 2023 (this age range must be adhered to), and full members of a Club affiliated to NFYFC may be nominated. This means competitors have attained their 10th birthday on the day of the County competition and may be 17 on the day of the national final.

#### PITCH

5.1. Two sets of wickets, the length being 17 yards apart measured from stump to stump

5.2. Boundaries are a minimum of 35 yards apart but can be reduced to accommodate available facilities, measured from the middle stump.

5.3. Recommended boundary sizes. For information: a 4 is scored if the ball crosses this line/rope having touched or rolled along the ground beforehand, a 6 is scored if the ball clears the boundary in the air without touching the grass beforehand.

#### PROCEDURE

6.1. The 2 captains toss a coin to decide which team bats or fields first.

##### 6.2. BATTING

6.2.1. The batting side shall be divided into pairs, each pair batting for 2 overs, with a new pair starting at the end of the second, fourth and sixth overs.

6.2.2. Each team starts batting with a score of 200 runs, each time a batter is out 5 runs are deducted and the other batter of the pair faces the next ball.

6.2.3. A batter may be out bowled, caught, run out, stumped, hit wicket. If out, the other batter in the pair faces the next ball.

6.2.4. There is no LBW (Leg Before Wicket) law unless the batter deliberately blocks the ball with a leg or foot.

6.2.5. Runs will be scored in the normal way as will byes.

6.2.6. Two runs will be awarded to the batting team for each wide ball and no-ball bowled plus any additional runs that are taken but no extra ball will be allocated, except in the final over of each innings when, in addition to the 2 runs, an extra ball will be bowled.

6.2.7. Runs are scored in the normal way – 1's, 2's, 3's are run, boundary 4's and 6's as described above. There is no requirement to run every ball, batters should only run when they think they have an opportunity to complete the runs without being run out by fielders.

6.2.8. At the end of the first two overs, the first pair of batters retires and is replaced by the second pair until all 4 pairs have batted 2 overs each.

6.2.9. The second team then bats for its 8 overs.

##### 6.3. BOWLING AND FIELDING

- 6.3.1. Bowling will take place from one end only, 8 overs to be bowled, with each player bowling one over, each game to consist of one innings per team.
- 6.3.2. Bowling should be over arm where possible.
- 6.3.3. All fielders, including the wicketkeeper, must rotate fielding positions at the end of each over.
- 6.3.4. Each player on the fielding side must bowl 1 over
- 6.3.5. Bowling will take place from one end only
- 6.3.6. Bowling should be over arm where possible:
- 6.3.7. At county rounds bowling overarm should be encouraged with the first ball of each over. If no amount of coaching can achieve an overarm bowl, even from a base start, then the rest of the over can be bowled underarm. The double bounce rule will be applied i.e. if the ball bounces more than ONCE, or rolls along the ground before it reaches the crease and a no ball will be called (See glossary).
- 6.3.8. At Area Rounds and at the National Final underarm bowling is unacceptable and the double bounce rule will be applied i.e. if the ball bounces more than ONCE, or rolls along the ground before it reaches the crease and a no ball will be called (See glossary).
- 6.3.9. With the exception of the Wicket Keeper no fielder may field within 10 metres of the wicket, measured from the middle of the stump. A fielder may move into this restricted area to field the ball provided they were outside of this area when the stroke was made.
- 6.3.10. Substitutions during an innings can only be made in the case of an injury. The injured player will take no further part in the innings once a substitution has been made.

## **7 SCORING**

- 7.1. The team with the higher score wins, in the event of a tie the team taking more wickets will be the winner.
- 7.2. If it is still equal, each player bowls 1 ball at the wicket (no batter), with the team scoring the higher number of strikes being the winner.
- 7.3. Points will be awarded as follows: Win = 2: Lose = 1
8. The Umpires decision is final.
- 8.1. It is advised that you have one umpire standing the stumps and another standing at square leg for run-outs and stumpings. The umpire must also score the game. Each team must state their colours on the entry form.

## **10. Glossary**

- 10.1. An over consists of 6 balls.
- 10.2. Byes and Leg Byes
  - 10.2.1. If a batter misses the ball, or if it hits their body, they may still run and score byes.
- 10.3. Wide Ball
  - 10.3.1. A ball that is too far from the batter to strike. A ball will not be called a wide, no matter how wayward it may be, if the batter manages to hit it.
  - 10.3.2. If a bowler delivers a ball so wide it is missed by the Wicket Keeper and it crosses the boundary for 4. The batting side will be awarded the 4 runs without the additional 2 runs for the wide ball. I.e A wide ball reaching the boundary will score 4 and not 6.
- 10.4. No Ball
  - 10.4.1. If a ball bounces more than once before reaching the batsman or if it reaches the batsman above shoulder height without bouncing, it will be called a no ball.
  - 10.4.2. A batsman may hit a no ball and if the shot results in 3 or more runs being scored, that score will count and the 2 runs for the no ball will be ignored. If 1 run is scored the batsman will instead be credited with the 2 runs for the no ball.

# Class 2- 17 – 28 year olds Volleyball

## RULES

### Competition Aim

To provide members with the opportunity to take part in a National Volleyball competition.

### Learning outcomes

Volleyball skills, teamwork, adhering to rules, exercise, fun, winning/losing, personal development skills and improving own performance

**ELIGIBILITY** - A squad of twelve players, all of whom must be aged between 17 to 28 years on 1 September 2023. For clarification on ages, a member must be 17 on 1 September 2023 or 28 on 1 September 2023. Those nominated must be full members of a Club affiliated to NFYFC, from whom six players (three male/three female) shall be chosen to form the team for each game. During the game only six substitutions may be made. Substitutions will be made by rotation, with a substitute coming off the bench to serve each time a new server is required.

**HEALTH & SAFETY & SAFEGUARDING** – All competitions carried out at every level must comply with Health and Safety and Safeguarding legislation and meet the relevant safety standards.

**PROCEDURE** – The competition will be played on a league basis. The teams shall be drawn into two leagues and matches will be run on a 'best of three sets' basis. The highest scoring team from each league will play the second team from the

other league in a Semi-Final to determine the two teams for the Championship Game. The two losers in the Semi-Finals may play off for 3rd and 4th place if desired. League points will be awarded as follows:-

6. To note that the height of the nets should be 2.43m as stated in the Volleyball England Rules for a Senior Men's Competition, which is also used for Senior Mixed Competitions.

It is recommended that you play on a full Volleyball court. Due to the number of matches being played on the day of the NFYFC Finals the competition is to be run using a timed format:

- a. The timed format will be 3 sets, each of 8 minutes, teams win 3-0 or 2-1.
  - b. One time out is permitted per set when the first team reaches 8 points.
  - c. A rotation system will be in place where players rotate off and then rotate back on to serve.
  - d. When the whistle is blown to signify the end of the set, if the ball is in play the point shall be concluded and counted.
  - e. If the teams are tied at the end of the set, a final point will be played to decide the winner of that set.
  - f. If a player scores 3 successive serves the team will rotate but keep the serve.
  - g. If a team scores 6 successive serves they will pass the ball to the opposition, the score doesn't change.
  - h. Contact with the ball is allowed with any part of the body, the ball is allowed to strike the foot, but kicking is forbidden. A kick will result in a loss of a point.
  - i. Roles are not specialised to individual players.
  - j. The server is a backcourt player.
- k. To provide a positive experience to the players we advise the use of reduced weight balls – Mikasa VS170W is recommended.

The Referee shall be the sole arbiter on points of dispute. The Rules of the Game of Volleyball will apply unless amended by this document.

A player who is "sent off" shall take no further part in that day's games.

All competitors must be suitably dressed.

Each team must state their colours and reserve colour on the entry form.



## Class 3 – Benchball (Ages 10-12)

**Please Note: This is a county round only, which has been created to compensate for the age range in class 1**

### **ELIGIBILITY**

1. A team consists of SIX (6) competitors aged 10 years of age to 12 years of age on 1<sup>st</sup> September 2023 and 10 years or over on the day of the competition, who must be full members of a Club affiliated to NFYFC.
  - 1.1 Clubs may enter as many entries as they wish to, as it is likely that members will be mixed together to create inter-club teams. The entry form is therefore amended to enable clubs to enter as many eligible members as they wish to.

### **2. RULES:**

- 2.1 Two teams of six players, one player from each team (the goal keeper) will be stood on the bench the opposite side of the pitch to their team.
- 2.2 Players must aim to throw the ball to their goalkeeper, if caught that person can then go join them on the bench. The first team to have all players on the bench win.
- 2.3 Players can intercept and defend the opposition bench.
- 2.4 Players can only cross over the central line if going to join the goal keeper on their bench.
- 2.5 The referees decision is final and anyone who argues with their decision may be disqualified.
- 2.6 The format in terms of league/tournament will be confirmed on the day of the competition.

### **3. AWARDS**

- 3.1 The 1st , 2nd and 3rd placed overall teams will be awarded HFYFC Prize Cards.

